



How to Play “Cold Ice Cream”

Do you know how to play “hot potato”? This game is very similar to that one!

How to Play:

1. Sit or Stand in a Circle

Everyone makes a circle with a little bit of space between each person. A grown-up should hand one person in the group a wrapped ice cream sandwich.

2. Start the Music

When the music starts (or clapping begins), pass the wrapped ice cream sandwich around the circle.

3. Keep It Moving!

Pass quickly and carefully—don’t unwrap it yet!

4. Stop!

When the music stops, the player holding the ice cream sandwich is out. They get to take the ice cream sandwich outside the circle and eat it. Yum!

5. New Round

Give a new wrapped ice cream sandwich to one of the remaining players. Start the music again.

6. Play Until the End

Keep playing until one player is left. That player wins the final round—and gets to eat the last ice cream sandwich!

What You'll Need

- Wrapped ice cream sandwiches (one for each player)
- Music (or someone to start and stop clapping)
- A grown-up to help

