

ONE YEAR PLAN



God writes his word on the hearts of his children. As parents, we prepare and encourage the process by creating opportunities for it to happen through discipleship. By intentionally living out the six elements discussed in the book, we present our children’s hearts as a manuscript on which the Lord can write. There are many practical ways we can implement each element, but it may be helpful to have a planned approach.

Below is our One Year Plan. It allows us to focus on one element per week, repeating every six weeks over the course of a year. Print and customize the plan for your family.

WEEK	ELEMENT	WEEK	ELEMENT	WEEK	ELEMENT	WEEK	ELEMENT
1	Love	14	Love	27	Love	40	Love
2	Prayer	15	Prayer	28	Prayer	41	Prayer
3	Connection	16	Connection	29	Connection	42	Connection
4	Scripture	17	Scripture	30	Scripture	43	Scripture
5	Accountability	18	Accountability	31	Accountability	44	Accountability
6	Rest	19	Rest	32	Rest	45	Rest
7	Love	20	Love	33	Love	46	Love
8	Prayer	21	Prayer	34	Prayer	47	Prayer
9	Connection	22	Connection	35	Connection	48	Connection
10	Scripture	23	Scripture	36	Scripture	49	Scripture
11	Accountability	24	Accountability	37	Accountability	50	Accountability
12	Rest	25	Rest	38	Rest	51	Rest
13	Break	26	Break	39	Break	52	Break