

Session 9: JOINT

Colossians 3 v 5-11—Live the life

Big idea:

Because of Christ and what he has done, we should get rid of all the things that no longer fit with the new life he has given us. We have a new self—live the life.

Guidance on questions:

1. Dedicated, focused, regular training, eating the right diet...
2. Rehearsing, lessons, listening to music...
3. Put to death the things to do with our earthly nature:
 - Because they don't belong to our new life.
 - God hates them; they bring about God's wrath.
 - They damage us, our relationship with God, and our relationships with each other.
4. Sexual immorality, impurity, lust, evil desires and greed.
5. God created sex. God saw all that he had made and it was very good.
6. Your old way of life was lived for yourself, but now you have died with Christ and been raised with Christ. You used to live the way verse 5 says, but now you are new person—live like it.
7. Yes, he says: "You used to walk in this way"—that's the old way of life. They are living a new life.
8. Anger, rage, malice, slander and filthy language.
9.
 - Anger/Rage: Losing our temper—being out of control. It might be shouting at a friend or parent when things haven't gone the way we want.
 - Malice: Nasty, unkind, words—meant to hurt others.
 - Slander: Words that damage people and reputations.
 - Filthy language: Horrible language used in all the above.
10. How we speak/communicate with one another.
11. All these things damage relationships with each other and with God. Mark 7 v 20-23 says it is out of a person's heart that the mouth speaks. These actions, these words show what our heart is like.

12. Verse 9 says: “Do not lie to each other”. So how we speak to other people, how we treat others matters.

Verse 11 reminds us that Christians come from all different nations. We’re united together.

13. We have a new self that is “*being* renewed”; not has “*been* renewed”. We are a work in progress, being renewed in knowledge in the image of our Creator.

14. They are all in Christ:—so these differences no longer matter. The people listed are:

- Greek—the learned Gentile
- Jews—God’s chosen people
- Circumcised—the Jews
- Uncircumcised—the Gentile
- Barbarian—Gentiles
- Scythian—Gentiles
- Slave/free

These things are irrelevant. If we’re Christians, we are all in Christ. The past doesn’t matter, nationality doesn’t matter—what matters is that we are a forgiven people, with a new self, growing to be more like Jesus.