

# Session 8: SOLO

## Colossians 3 v 1-4 —Look up!

### **Big idea:**

Set your heart and mind on living for Jesus, not for earthly things

### **Guidance on questions:**

2.

- You have been raised with Christ (v 1)
- You died (v 3)
- Your life is hidden with Christ in God (v 3)

3. Ask if they wrote down a question about something they're not sure they understand.

4. Set your hearts on things above. Set your minds above, not on earthly things.

5. Keep our eyes fixed on Jesus, so that we're committed to living the way he says is the best in the world that he has made. We should live as the forgiven, new people that we are—not carrying on as if Jesus had never lived, died and been raised.

6. We set our minds on things above because that's where Christ is seated, at the right hand of God. That's where we're going one day—to be with Jesus forever.

7. The priest (Jesus) sat down when he had offered his sacrifice “for all time”—when he had completed his work.

8. Jesus is sat down. We can be sure that he has offered his sacrifice for sins—he has finished. His death and resurrection mean that our sin can be forgiven, we can live the life we were created to live and be with him one day in glory.

10. We died, and our life is “hidden with Christ in God”.

11.

- Read and study God's word, the Bible
- Pray to him
- Meet with other Christians
- Go to church and youth group
- Do a one-2-one
- Be wise about what you watch and listen to

12. Christ will appear, and we will appear with him glory. We will be with him for all eternity.

13. One day we will be the people that God has made us, and we will be with him, forever. So, whatever happens in this life, whether it's easy or hard, whether we make good or bad decisions, we can be confident that if we set our hearts on things above, that one day we will be with God forever. So we should live for that day.

**QUESTIONS:** you could ask as you meet to do Session 9 to check understanding of Session 8

1. What does Paul say we should set our hearts on? (Things above... where Jesus is.)
2. What does it mean to set our hearts on things above? How can we do that every day? (Keep our eyes fixed on Jesus, so that we're committed to living the way he says is the best in the world that he has made. We should live as the forgiven, new people that we are—not carrying on as if Jesus had never lived, died and been raised.

Make sure we read his word regularly, pray to him, meet with other Christians, go to church and youth group, do a one-2-one, be wise about what we watch and listen to.)

3. Talk about the prayer of response they wrote for question 3 and/or any questions they had.