

SESSION 4 (Solo): A MAN OF PRAYER (Ephesians 3 v 14-21)

BIG IDEA:

God's power works in us to help us grasp how massive Jesus' love for us is: and to change us so that Jesus rules our hearts more and more. We need to pray for this power!

GUIDANCE FOR QUESTIONS:

1. Praying!
2. He can do absolutely anything—even more than we can imagine. So it's well worth asking Him for things!
3. Power.
4. Grasp how massive Jesus' love for us is.
5. Enable Jesus to dwell (ie: make Himself at home) in their hearts by faith.
6. Yes!
7. Because God can do anything for us.
8. For His power to work in them, to help them appreciate how much Jesus loves them, and to become more and more people whose hearts Jesus rules.

PRAYER TIME:

There are some practical tips here. You might like to use this section at the beginning of the next session, and ask the teenager how he gets on with praying; whether he has used/would find it helpful to use the STOP prayer structure (p23 in the booklet); and to share some tips from your own experiences of prayer. Don't be tempted to make excuses for not praying! It's easy to say it's hard, or a bit strange, or can seem like nothing's happening—but these can sound like reasons why it's OK not to pray.