

SESSION 10 (Solo): A MAN WHO LIVES RIGHT (Ephesians 5 v 15-20)

THE BIG IDEA:

Christian men need to live carefully and thoughtfully—one main area to do this is in not getting drunk, but instead being influenced by the Holy Spirit.

GUIDANCE FOR QUESTIONS:

2. Careful. Wise.

3. Because the days are evil. We live in a world which is in rebellion against God (2 v 1-3), and so what's "normal" and acceptable to the world around us may well not be OK with God. So we need to be careful and think hard about how we live.

4. Get drunk.

Note: The Bible doesn't say not to drink alcohol at all (Luke 22 v 17-18).

Drunkenness is not having drunk alcohol: it's when you think or act differently than you would normally, because you've drunk alcohol. For some people, getting drunk means having one glass of wine; for others, it's eight pints of lager.

5. Because we want to fit in with what everyone else says is fun, and what everyone else does.

6. Be filled with the (Holy) Spirit. "Filled" here is about fully allowing the Spirit to influence and direct us—not about whether we have the Spirit or not.

7. a (v 19): Sing to one another the truths about God, and sing about God *to* God.

b (v 20): Give thanks to God for everything we have and do.