Session 1: An Angel Visits Mary

Good to Know

In this true story, a number of things happen that might surprise us. Mary—a young girl from a small, unimportant town—is a surprising main character. Also, it was impossible that Mary could be pregnant. That impossibility is an important part of the story! But the first unusual thing that happens is that Mary receives a visit from an angel.

Dig into the Passage

Read what the angel said to Mary in Luke 1:30-33...

³⁰ The angel said to her, "Do not be afraid, Mary; you have found favour with God. ³¹ You will conceive and give birth to a son, and you are to call him Jesus. ³² He will be great and will be called the Son of the Most High. The Lord God will give him the throne of his [ancestor, King] David, ³³ and he will reign over Jacob's descendants forever; his kingdom will never end."

The angel told Mary she was going to have a son. Use the verses to help you fill in this identity card for the son Mary was going to have.

	Identity Card
	Name (v 31): Title (v 32):
	Great-great-greatgrandfathers (v 32 and 33):
	Job (v 32 and 33):

Pause to Ponder

Think back to the promises made by God that we talked about at the start of the session—and any other promises you know of from the Old Testament.

What promise(s) was God about to keep by sending Jesus?

Good to Know

Mary had a question for the angel: given that it was impossible for her to be pregnant, how would God do what he had promised?

Dig into the Passage

Read what the angel said in reply... 35 The angel answered, "The Holy Spirit will come on you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God. ... 37 For no word from God will ever fail." (Luke 1:35, 37) ■ Which details in verse 35 answer Mary's question? The H ______ S _____ and God's p_____. ■ How would you put verse 37 in your own words? **How About You?** Mary didn't understand exactly how God would do what he said. But the angel told her that she could trust absolutely that God could and would do what he said. Think of a situation in life that you don't understand. ■ When we trust that God is powerful and can do anything, what difference might that make to how we feel about those situations?