

# DISCIPLESHIP DISCUSSION GUIDE

This Discipleship Discussion Guide is a companion to *He Gives More Grace* by Sarah Walton and Linda Green. Use this guide in a mentoring relationship, women's ministry, or mum group. The guide is structured to last 6 weeks if you read 5 devotions per week.

## WEEK 1: FOREWORD, INTRODUCTION & DEVOTIONS 1-5

For all Mums

- What passage of Scripture has been most helpful to you in this season of motherhood?
- What are you most encouraged about in your motherhood journey right now? Which part is the hardest for you?
- Can you think of one way that God has shown his grace to you recently?

For Experienced Mums

- If you could speak to yourself as a newer mum, what would you say?
- How do you experience God's grace differently in motherhood now that your children are older?

- What is one thing you would love to learn from a more experienced mum?
- When do you find it the most difficult to view your children as a grace from God?

#### WEEK 2: DEVOTIONS 6-10

For all Mums

- God promises to give wisdom to us when we ask. What are some other promises of God that you cling to? Are there any promises you struggle to hope for or believe?
- How does Jesus' grace to you help you to show grace to your children?
- What is one way you can point your kids to the Gospel this week?

For Experienced Mums

- How has the way you show grace and provide discipline for your kids changed over time?
- How have the prayers for your children changed over time?

- Are there any circumstances where you find it particularly difficult to show grace to your kids?
- How can you remember the Lord and all his benefits in this particular season of motherhood?

### WEEK 3: DEVOTIONS 11-15

For all Mums

- How does God's sovereignty impact the way you interpret your present season of motherhood?
- Can you think of one way that you were recently able to demonstrate God's parental love to your children?
- In what areas of life can you feel the most pressured to be "super-mum"?

For Experienced Mums

- As your children have grown older, what are some ways that you see the Lord working in the hearts of your kids?
- Is there anything you've learned about God's sovereignty and love as your kids have become more independent?

- Do you understand God's love differently since becoming a mum?
- Do you struggle when you compare yourself to other mums? In what ways?

### WEEK 4: DEVOTIONS 16-20

For all Mums

- When do you most find it challenging to have an eternal perspective on your parenting?
- Can you share one or two of God's recent graces to you or your kids?
- What strengths do you have that you see the Lord using for his glory in your mothering?

For Experienced Mums

- What encouragement would you have for mums who are struggling to get their little ones out the door for church?
- Can you think of any of your strengths that you used to think of as weaknesses when you were younger?

- Are there any experienced mums at your church that have been a particular encouragement to you?
- Is there another mum whose strengths are a blessing or encouragement to you? Can you share those with her?

#### WEEK 5: DEVOTIONS 21-25

For all Mums

- What is a lesson that you have learned in your motherhood journey?
- Are there any particular challenges or burdens you are currently facing that you can pray about together?
- Can you remember a time when you felt the nearness of the Lord in a particular way?

For Experienced Mums

- Are there any seasons of motherhood that stand out to you as being particularly challenging or particularly joyful? Do you have insight on why?
- Do you find it more or less difficult to trust the Lord with your fears as your kids have become older or grown up?

- What does it mean for you to put your hope in the Lord in this season?
- Are there any weaknesses that are discouraging to you right now? Can you think of any ways that the Lord may be working through those weaknesses?

### WEEK 6: DEVOTIONS 26-30

For all Mums

- How does Sarah's and Linda's testimony encourage you as a mum?
- What are some ways you can fall into the comparison trap? Do you tend to fall most into insecurity or pride?
- What is one area of your life that you need to accept more of God's grace for?
- Can you think of something that has really stood out to you as you've gone through this devotional, whether it is something from the book or something from the discussions?

For Experienced Mums

- Do you have experience of raising a strong-willed child? Is there any advice or encouragement you can offer? What about for a compliant child?
- Do you have any ideas you could share for how to create fun with your kids? Perhaps something you did when your kids were smaller?

- Do you have a strong-willed or compliant little one? Were you a strong-willed or compliant child? How does your own experience give you compassion for your children?
- What are some ways your child(ren) has brought you joy recently?